



Fall Prevention Virtual Workshop Instructions

Thank you for your interest in attending a COPC Fall Prevention program virtual workshop!

The workshops will be conducted using Microsoft Teams. If you are using most PC laptops and computers, it is easiest to use Microsoft Teams in your web browser, you do not have to make a Microsoft Teams account. On Mac computers/iPads/cell phones you must download the Microsoft Teams app and set up a free account. This virtual class works best on computers or laptops, mobile phones are not preferred.

When the workshop is due to begin, click the link from your email and click "Join Now." This will allow you to enter the class.

We want workshops to be interactive! Please ask your questions by typing them in the "chat section" as they arise.

A recording of the session and dates for future workshops will be available on our website.

Thank you for your interest and we look forward to seeing you in the virtual workshop!